Wire Bookmarks

Introduction
Wire sculpture is armature or jewelry made from metal wire. Aluminum and copper are most commonly used as their flexibility allow artists to create angular bends, curves, spirals, and more. Bookmarks are an inexpensive, easy and practical introduction to wire sculpture as a medium.

Mindful Reflection
Forget About Enlightenment by John Welwood

Forget about enlightenment.
Sit down wherever you are
and listen to the wind that is singing
in your veins.
Feel the love, the longing, the fear
in your bones.
Open your heart to who you are, right now,
not who you'd like to be,
not the saint you're striving to become,
but the being right here
before you, inside you, around you.
All of you is holy.
You're already more and less
that whatever you can know.
Breathe out,
look in,
let go.

Materials
craft wire- 16 or 18 gage
craft pliers
hammer
**Directions**

1. Measure and cut a 6 inch piece of copper wire.
2. Hold the wire at one end and use the needle nose pliers to bend a small loop.
3. Coil the wire around the loop to create a twirl pattern. Keep the coils loose with some space between the curves. Do 2 or 3 loops. If you are doing a bigger bookmark, you can coil it additional times.
4. Repeat the same process on the other end of the wire. Try to keep both twirl patterns the same size.
5. Bend the wire at the midpoint and bringing the 2 scrolls towards each other.
6. Tighten the bend using round nose pliers and bring in the twirly ends to create a heart.
7. Hammer to flatten pieces.