

Thriving Kind Module 33 - Summer Breeze

Materials Needed:

- oil pastels
- medium paint brush
- watercolor set
- watercolor paper, any size or shape
- a cup of water
- paper towel

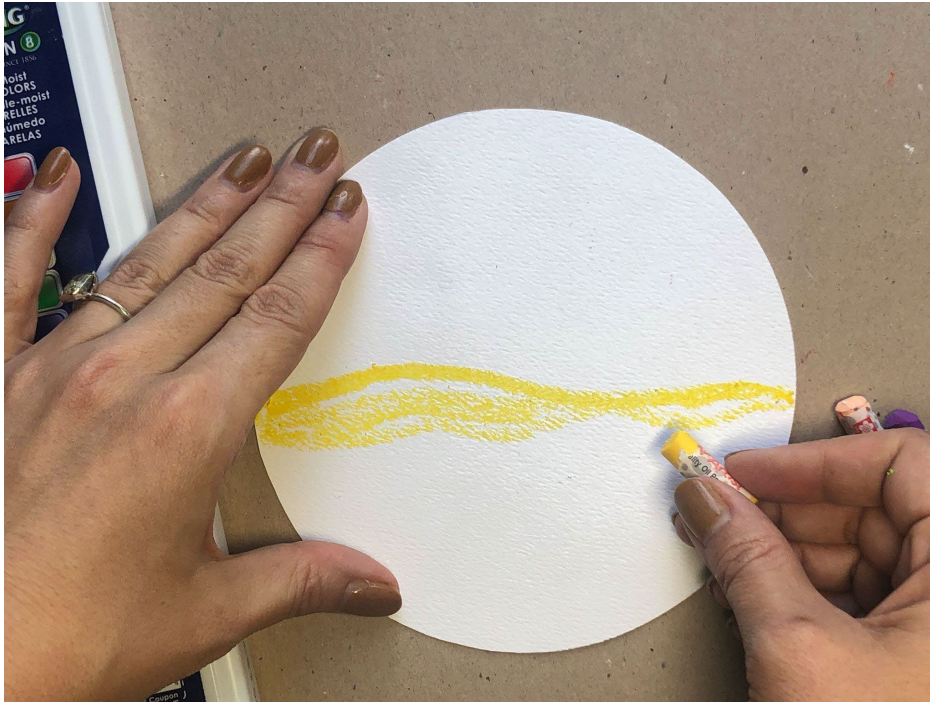
Introduction & Practice by Tammy

As you move through this art practice, I encourage you to move your pastels and brush horizontally across the paper to mimic the flow of wind and water. This lends itself well to landscape, and while the example given is a beach scene, feel free to create what feels right.

1. Gather your supplies, keep a cup of water and a paper towel handy, and get ready to begin.



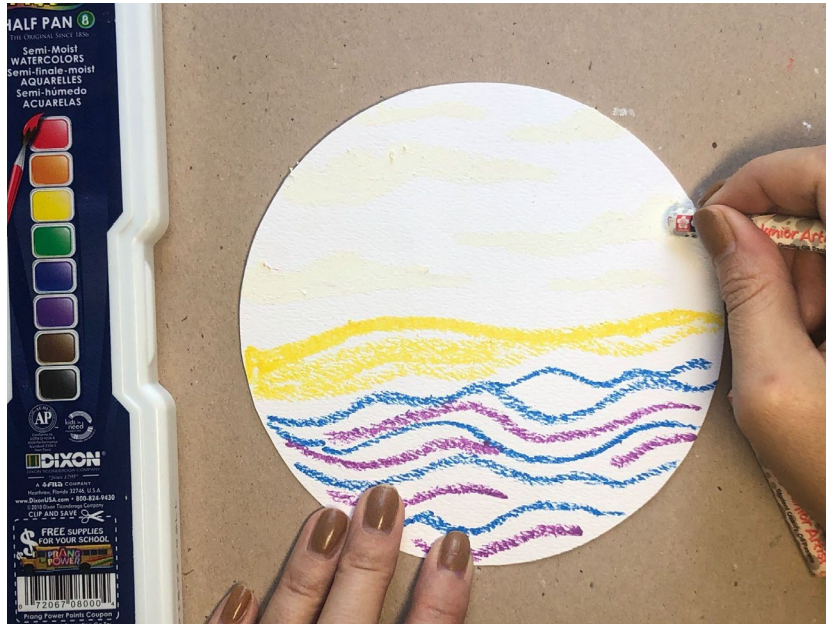
2. Working horizontally, begin to sketch out your image in oil pastel. I started here with the dunes of a beach in yellow.



3. Continue filling space, mindfully choosing your colors and creating undulating lines. We will be painting over them later, and softly pressed oil pastel will get covered by the watercolors while oil pastels pressed firmly on the paper will repel the paint.



4. White oil pastel, when pressed with enough pressure, can create beautiful clouds, stars, and swirls that show up when painted over with watercolors.



5. Continue making marks, leaving space for the watercolor to fill.



6. Mix up your first watercolor paint color by adding water to the color with your brush two times and mixing the color with the water. Working horizontally, begin to paint your image. You can add more water to lighten a color or add more paint to make a richer color. To change colors, rinse your brush well in water.



7. If you have two areas that are the same color, like sky and water, consider making one area darker than another or adding oil pastel in another color to give it a different feel.



8. Here is my completed example - no drawing required, just moving your pastels and brush like the wind and waves. You can always come back with oil pastel to add some finishing touches if you like.

