Arts in Medicine Services

**\*Open to community members**

**\*Open to inpatients or clinic visitors**

**VISUAL ARTS**

**Art in Motion** – Arts workshops for individuals affected by Parkinson’s and other movement disorders

 **Place:** Criser Cancer Resource Center (South Tower, Rm 1302)

 **Time:** Wednesdays 1:30-3:30pm

 **Artists in Residence**: Sunita Canady

**AIM Kids** - Arts & crafts workshops for pediatric inpatients

 **Place:** Pediatric Playrooms

 **Time:** Wednesdays 1:30-3:30pm; Thursdays 1:30-3:30pm

 **Artist in Residence:** Molly Kempson & Sarah Hinds

**Art Infusion**- Creative art activities for adult oncology outpatients undergoing chemotherapy

**Place**: UF Health Shands Medical Plaza, Chemotherapy Infusion Suite

**Time**: Mondays 10:00-12:00

**Artist in Residence**: Sunita Canady

**Awaiting Baby** - Arts & crafts with ante-partum mothers on bed rest

 **Place:** North Tower Mother/Baby and Labor & Delivery Units, 3rd & 9th floor

 **Time:** Fridays 10-1pm

 **Artists in Residence:** Sunita Canady

**Brushes with Hope** – Arts & crafts with adult radiation/oncology outpatients

**Place:** Davis Cancer Pavilion

**Time:** Mondays 1:30-3:30pm

**Artist in Residence:** Sunita Canady

**Charlie’s Corner** – Arts workshop for adult inpatients

**Place**: meeting room on unit 66/67 of UF Health HVNM Hospital (East Tower)

**Time**: 2-3:30pm

**Artist in Residence**: Sunita Canady

**Art Referrals** – One on one consultations and art experiences ranging from the delivering arts materials for patients’ independent work to a multi session collaborative art making with an Artist in Residence.

 **Place**: UF Health’s North, South, & East Towers

 **Time**: Monday-Friday 10-4. Call 352-733-0880 to make a request or referral

 **Artists in Residence**: Sunita Canady, Sarah Hinds, Molly Kempson

**MUSIC**

**Piano Concerts -** Performed in hospital lobbies

 **Place:** North Tower Atrium and South Tower Lobby

 **Time:** Various times, weekdaysbetween9am and 5pm

 **Artist in Residence:** Volunteers

**Sing for Life** – Vocal workshops for individuals with Parkinson’s disease

 **Place:** Oak Hammock

 **Time:** Thursdays 4-5

 **Artists in Residence**: Brenda Smith & Ron Burrichter

**StorySongs**- Songwriting workshops for individuals ages 60 and older

 **Place**: Senior Recreation Center (5701 NW 34th St.)

 **Time**: Mondays 3-5pm

 **Musician in Residence**: Cathy DeWitt

**Tunes in the Tunnel** - Ambient performances in the tunnel adjoining Shands’ North and South campuses

 **Place:** The Tunnel

 **Time:** Various times, weekdays between 9am-5pm

**Artist in Residence:** Cathy DeWitt, Ricky Kendall, Michael Claytor, Jason Hedges & volunteers

**Musicians on Call** – Musicians performing at the bedside on inpatient units

 **Place:** UF HealthNorth, South & East Towers

 **Time:** Monday-Friday 11-3. Call 352-733-0880 to make a request or referral

 **Artists in Residence:** Cathy DeWitt, Ricky Kendall, Michael Claytor, & Jason Hedges

**DANCE**

**Dance for Life** - Movement workshops for individuals with Parkinson’s disease

**Place:** UF Nadine McGuire Dance Pavilion, G-13 on Mondays; Senior Recreation Center (5701 N.W. 34th Blvd. Gainesville, FL 32653) multi-purpose room on Wednesdays

 **Time:** Mondays 1:00-2-15pm | Wednesdays 2:00-3:00pm.

 **Artist in Residence:** Whitney Wilson

**Dance for Lifelong Health** - Movement workshops for individuals ages 60 and older

 **Place:** Senior Recreation Center (5701 NW 34th St.)

 **Time:** Tuesdays 11:30-12:30

 **Artist in Residence**: Rusti Brandman

**Dance for MS** – Movement workshops for individuals with Multiple Sclerosis

 **Place**: Rosa B Williams Center, 524 NW 1st St, Gainesville, FL 32601

 **Time**: Tuesdays 3:30-4:45

 **Artist in Residence**: Whitney Wilson

**Encore Dancers Workshop** – An opportunity for mature dancers to continue their dance practice

**Place:** Senior Recreation Center (5701 NW 34th St.)

**Time:** Thursdays 3:30-4:30

**Artist in Residence:** Rusti Brandman

**Joyful Motion for Health** – Replace stress with joy using easy and fun dance moves

**Place:** Criser Cancer Resource Center (South Tower, Rm 1302)

**Time:** Tuesdays 5:30-6:15

**Artist in Residence:** Rusti Brandman

**INTEGRATIVE THERAPIES**

**Gentle Yoga for Health**  - Mindful yoga appropriate for people with a range of health conditions

 **Place**: UF Health Shands Cancer Hospital, Criser Cancer Resource Center, Room 1302

 **Time**: Wednesdays 4:15-5:15pm

 **Yoga Therapist**: Tammy Bernard

**Meditation for Beginners** –Guided sessions exploring foundational meditation techniques

 **Place**: UF Health Shands Cancer Hospital The Sanctuary of Silence and Peace, Rm 2002

 **Time**: Monday, 4:30-5pm

 **Wellness Educator**: Nancy Lassester

**Qigong for Well-being** – Guided slow, gentle movements combined with breathing techniques

 **Place**: UF Health Shands Cancer Hospital, Criser Cancer Resource Center, Room 1302

 **Time**: Mondays, 5:30-6:30pm

 **Wellness Educator**: Nancy Lassester